

# Caedmon Menu 2022

-  Added Plant Power
-  Vegan
-  Wholemeal

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday


**Week One**  
**3rd Jan**

Option 1

Pork Sausage in a Hot Dog Bun with Ketchup and Potato Wedges

Minced Beef Casserole with Eston Dumpling and Mashed Potatoes & Gravy

Roast Chicken with Stuffing, Roast Potatoes and Gravy

Beef and Vegetable Hot Pot 

MSC Fishfingers/ Salmon Fish Fingers with Chips and Tomato Sauce

**24th Jan**

Option 2

Quorn Sausage in a Hot Dog Bun with Ketchup and Wedges

Macaroni Cheese with various toppings

Mixed Vegetable Stir Fry in Soy Sauce with Noodles

Cheese & Tomato Pizza with New Potatoes

Red Pepper Omelette with Chips

**14th Feb**

Vegetables

Baked Beans Sweetcorn

Carrots Garden Peas


Cauliflower Broccoli

Roasted Mixed Vegetables

Baked Beans Garden Peas

**14th Mar**

Dessert

Apple Crumble with Custard D71 or Assorted Desserts 

Orange Drizzle Cake with Custard Or Assorted Desserts

Rice Pudding with Berries Or Assorted Desserts

Apple, Cheese and Biscuits Or Assorted Desserts

Chocolate & Banana Oaty Square Or Assorted Desserts  

**4th April**


**Week Two**  
**10th Jan**

Option 1

Beef Burger in a Bun with Jacket Wedges and Ketchup

Chinese Style Chicken Curry with Rice 


Roast Gammon with Pineapple, Roast Potatoes and Gravy

Beef Mince Cottage Pie with Gravy 

MSC Fish with Chips and Tomato Sauce

**31st Jan**


Option 2

Southern Style Vegan Burger in a Bun with Wedges & Ketchup 

Cheese & Potato Whirl with New Potatoes

Soya Vegetarian Bolognese with Pasta

Cheese & Tomato Pizza With New Potatoes 

Mexican Vegetable Roll with Chips 

**28th Feb**

Vegetables

Garden Peas Baked Beans

Sweetcorn Cauliflower

Cabbage Carrots

Sweetcorn Broccoli


Baked Beans Garden Peas

**21st Mar**

Dessert

Peach Upside down Cake with Custard Or Assorted Desserts

Lemon Shortbread Or Assorted Desserts 



Mixed Fruit Crumble with Custard Or Assorted Desserts 

Chocolate & Mandarin Sponge Or Assorted Desserts

Apple Flapjack Or Assorted Desserts  


**Week Three**  
**17th Jan**

Option 1

Pasta Bolognese with Garlic Bread  

Puff Pastry Topped Chicken & Sweetcorn Pie with Mash & Gravy


Roast Pork with Stuffing, Roast Potatoes and Gravy



Beef Chilli con Carne with Rice 

MSC Fish Fingers with Chips and Tomato Sauce


**7th Feb**


Option 2

Cheese & Red onion Quiche with Baby New Potatoes 

Tomato & Vegetable Pasta with Garlic Bread  

Mixed Vegetable Curry with Boiled Rice

Cheese, Tomato & Mixed Peppers Pizza with Wedges 

Mexican Style Vegetable & Bean Wrap with Chips 

**7th Mar**

Vegetables

Broccoli Sweetcorn

Garden Peas Carrots

Carrot and Swede Mix Cabbage

Green Beans Cauliflower

Baked Beans Garden Peas

**28th Mar**


Dessert

Rice Pudding with Mixed Berry Sauce Or Assorted Desserts

Peach Crumble with Custard Or Assorted Desserts

Chocolate Sponge with Chocolate Sauce Or Assorted Desserts

Eves Apple Pudding and Custard Or Assorted Desserts 

Fruity Shortbread Or Assorted Desserts 

**Available Daily:**  
**Freshly cooked jacket potatoes**  
choice of fillings  
**Sandwiches**  
with a choice of fillings

Freshly baked Bread  
Daily Salad Bar selection  
Fruit  
Yoghurt

**ALLERGY INFORMATION:** if your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.